

Conversion of Universal Time Coordinate (U.T.C.) to Civil Time: Eastern, Central, Mountain, Pacific

	1	2	3	4	5
U.T.C.	E.D.T.	E.S.T.	C.S.T.	M.S.T.	P.S.T.
00	*8P	*7P	*6P	*5P	*4P
01	*9P	*8P	*7P	*6P	*5P
02	*10P	*9P	*8P	*7P	*6P
03	*11P	*10P	*9P	*8P	*7P
04	M	*11P	*10P	*9P	*8P
05	1A	M	*11P	*10P	*9P
06	2A	1A	M	*11P	*10P
07	3A	2A	1A	M	*11P
08	4A	3A	2A	1A	M
09	5A	4A	3A	2A	1A
10	6A	5A	4A	3A	2A
11	7A	6A	5A	4A	3A
12	8A	7A	6A	5A	4A
13	9A	8A	7A	6A	5A
14	10A	9A	8A	7A	6A
15	11A	10A	9A	8A	7A
16	N	11A	10A	9A	8A
17	1P	N	11A	10A	9A
18	2P	1P	N	11A	10A
19	3P	2P	1P	N	11A
20	4P	3P	2P	1P	N
21	5P	4P	3P	2P	1P
22	6P	5P	4P	3P	2P
23	7P	6P	5P	4P	3P

1. Eastern Daylight Time.
2. Eastern Standard Time, same as **CDT** Central Daylight Time.
3. Central Standard Time, same as **MDT** Mountain Daylight Time.
4. Mountain Standard Time, same as **PDT** Pacific Daylight Time.
5. Pacific Standard Time.

NOTES: * denotes previous day. **N** = noon. **M** = midnight.